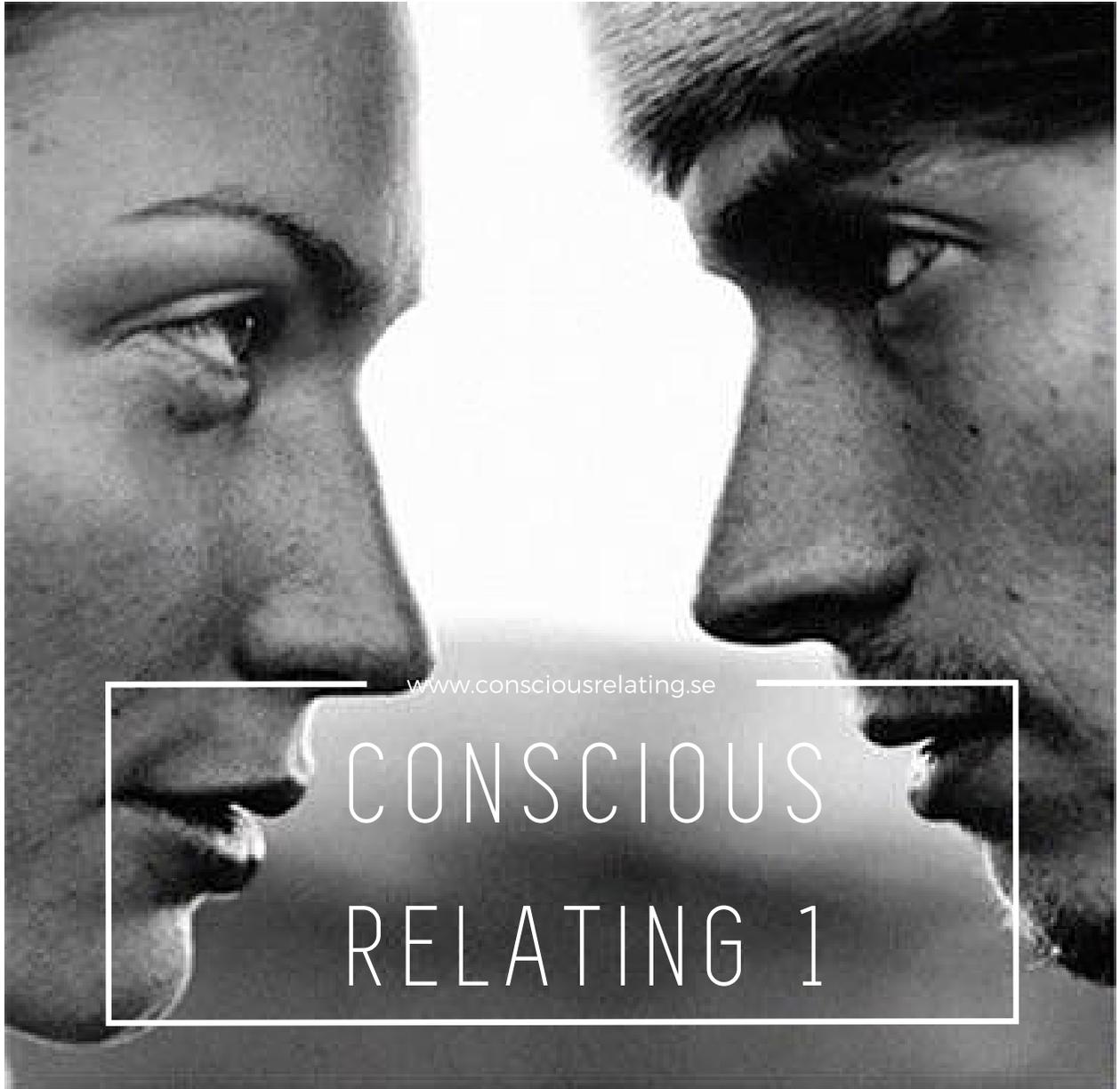




CALREIET

HOLISTIC RETREAT



Foundation of building intimate connections

www.calreiet.com

25-30 OCTOBER 2016

CONSCIOUS RELATING 1

TALIB & SHUBHAA
FISHER

Come and join us on this journey towards building a foundation for awareness and intimacy.

During this process we explore how to use our natural intelligence and healing capacities to build a foundation for awareness and intimacy to nourish our relationships. Together we create a safe and loving container to experiment individually and with group interaction, opening up to our natural joy, aliveness and sensitivity to flow.

This workshop is an opportunity for individuals and couples who long to experience a loving and solid foundation in their relationship with themselves and those they love the most.

During this workshop we will learn & explore:

- Restoring the connection with our relaxed confident tenderness with ourselves and others.
 - Identifying our protections (behaviors) which prevent us from communicating with effectiveness.
 - Discovering the power of vulnerability and the capacity to contain and embrace our feelings.
 - Tools to heal our wounds of shame, shock & abandonment.
 - Understanding our co-dependency dynamics.
 - Conflict resolution - learning to repair trust and safety in our relationships.
 - Accessing resources and the intelligence of our physical body to restore well being through active meditations, emotional release, bio energetics and trauma healing exercises.
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www.calreiet.com



FACILITATORS:

Talib & Shubhaa Fisher have been working together since 2006, sharing their experiences as a couple with anyone longing to discover and walk a path of Conscious Relating. For more information on the facilitators please visit www.consciousrelating.se

FEES:

The total cost of the workshop is 1.200 € + IVA per person.

****Early bird bookings before 1. September 950 € + IVA per person****

The fee is inclusive of accommodation and all meals (breakfast, light lunch and dinner based on a healthy blend of raw, vegan and vegetarian cuisine).

WHERE:

Cal Reiet - Holistic Retreat in Santanyi, Mallorca.

Cal Reiet offers luxurious accommodation in shared twin rooms (same sex allocations) or doubles for couples. Single rooms are not available for this workshop at this time.

For bookings and reservations please contact Cal Reiet directly at: enquiries@calreiet.com





“To live in sincere, loving, trusting and intimate relationships, takes understanding, courage and awareness... its an on going path. Relationships have the potential to give us a wake up call to our very center of being. We were not born with the skills to sustain mature love, they need to be learned and integrated in our daily lives.”

Talib & Shubhaa Fisher