



# Tai Chi Coaching & Shamanic Massage

## for relaxation and deeper consciousness

19th - 22nd April 2019  
at Cal Reiet



Carrer Cal Reiet 80, 07650 Santanyi, Mallorca, Spain  
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## What is included?

### 4 Days Tai Chi Coaching with Gabriela Dörflinger from 11 - 12:30 h

These softening exercises come from the old Tai Chi culture of the Yang family, who created one of the main Tai Chi styles. Soft and flowing movements release tension, open joints, activate meridians and increase their overall body vitality. By purposefully correcting the body structure in posture, strain and tone, we achieve centering, flow, increase in strength and inner peace.

### 1 Shamanic massage with Katja Schumacher Duration: 1,5 hours

Massage and body work is an ancient healing art. Shamanic body working techniques act on the physical and luminous energy body. They help to cleanse and restore harmony. The system is brought into balance, by the human reconnecting with his optimal vibrational resonance and alignment with the divine purpose of the soul. The massage is a combination of long, flowing strokes, acupuncture points, connective tissue- and fascia loosening along with shamanic healing practices. A journey through the system to dissolve and reprogram old contracts, programs, family constellations, paradigms.

The seminar work will be completed on the last day with a final ritual as part of a small celebration.

Please note that accommodation and food are NOT included in the retreat price.

## About the teachers

Gabriela Dörflinger has been training and teaching Tai Chi, Yang style for more than 15 years. She combined her expansion work over the years by participating in a variety of consciousness expansion and energy healing courses, including by Susan Gurnee (USA).



Katja Schumacher has been on the way to accompany people to their own destiny through body work and shamanic healing rituals for 25 years. She received her knowledge from shamans from Siberia, Peru and Hawaii.





## Pricing

470,- € per person

To make your reservation, please contact [enquiries@calreiet.com](mailto:enquiries@calreiet.com) or alternatively call us at (+34) 971 947 047. The full prepayment fixes the reservation. You can pay by card (we accept only Visa & MasterCard) or by bank transfer.

Our account details:

IBAN: ES80 0019 0086 15 4010067913

BIC/SWIFT: DEUTESBBXXX

Bank: Deutsche Bank

Beneficiary: Cal Reiet Mallorca SL

After receiving your payment CAL REIET HOLISTIC RETREAT will send you a booking confirmation. By doing the payment for the retreat reservation you accept the cancellation policy stated below:

Cancellation Policy:

Please note that once you paid for your participation, there will be no refunds or discounts for cancelling the retreat, arriving late, leaving early, flight cancellations, travel delays or illness. We wish we could compensate people for unforeseen circumstances (injury, family emergency, etc.), but there are costs already incurred when reserving the retreat.