



Stella Rotger

10. Cal Reiet, Santanyi

Best Mallorca hotel for: wellness

When thinking of a healthy hideout, what often springs to mind are punitive classes, measly meals and regimented schedules. Great news, then, that there is nothing of the sort at Petra and Henning Bensland's agriturismo in the south-east corner of Mallorca, near the stellar beaches of family-friendly Es Trenc with its long stretches of powdery sand and shallow seas, and the sheltered cove at Cala Llobards.

The place is something of a first for the island: a holistic hybrid, part deeply pretty hotel, part spa escape and part standalone **wellness** hotspot with brilliant yoga, excellent therapists and impressive treatments (craniosacral work, osteopathy, singing bowls, reiki and Ayurvedic abhyanga, as well as massages and facials). Big hitters such as fitness-focused Equilibrium run retreats throughout the year as part of a schedule that includes transformational vinyasa and yin-yoga weeks, meditation sessions, and even business-strategy gatherings. But wellness doesn't have to be on the agenda if you don't want it to be. Cal Reiet's ethos is all about feeling good. And if that means lazing by the huge pool, flanked by shady sentinel palms and flowering bougainvillea, that's fine too.

The three-storey house itself is a calming haven; originally built as a family home in 1881, it still retains a cosy bohemian atmosphere. The sitting room, stuffed with curios, banana-leaf plants, a grand piano and squishy sofas on which resident cats stretch into convincing yoga positions, opens up to the gardens: orchards of olives, figs and almond trees, lush-green secret corners to steal away to for moments of mindfulness, and a terrace that is lit up with candles and flaming torches at night. The 15 bedrooms are neutral and completely relaxing: no TVs to distract you, just the buzz of cicadas and whoosh of wind through tall trees.

Address: Cal Reiet, 80, 07650 Santanyi, Spain